

Teen/Adult Aerial Camps

Monday

Introduction Games and Warm-Up
Silks Class
Ground skills/Games
Trapeze Class
Creative Movement
Act Development

Tuesday

Ground Skills/Games
Lyra Class
Circus Crafts and Costumes
Sling Class
Act Development

Wednesday

Ground Skills /Games
Silks Class
Creating a Character - Faces
Trapeze Class
Act Development

Thursday

Ground Skills /Games
Lyra Class
Creating a Character - putting it all together
Sling Class
Act Development

Friday

Ground Skills/Games
Mixed apparatus class
Rehearsal
Performance and reception

Students should bring their own snacks and water. Ground skills may include juggling, stilts, tightwire, flexibility, dance, hoop, and others

